

K-8 BREAKFAST MENU

RIVER VALLEY SCHOOLS DISTRICT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #1	Berry Waffles Fruit Juice & Milk	Sausage & Biscuit Sandwich Fruit Juice & Milk	Chocolate Chip French Toast Fruit Juice & Milk	Go-Gurt Pop Tart Fruit Juice & Milk	Cinnamon Harvest Roll Fruit Juice & Milk
WEEK #2	Fudge Pop Tart Honey Grahams Fruit Juice & Milk	Pigs in a Blanket On a Stick Fruit Juice & Milk	Crunch Mania Cinnamon Bun Fruit Juice & Milk	String Cheese Cereal Bar Fruit Juice & Milk	Whole Grain Mini Donuts Fruit Juice & Milk
WEEK #3	Whole Grain Cereal Zee-Zee Grahams Fruit Juice & Milk	Egg & Cheese on English Muffin Fruit Juice & Milk	Whole Grain Chocolate Chip Muffin Fruit Juice & Milk	Trix Yogurt Pop Tart Fruit Juice & Milk	Cinni-Minis Fruit Juice & Milk
WEEK #4	Maple Flavored Pancakes Fruit Fruit & Milk	Sausage & Biscuit Sandwich Fruit Fruit & Milk	Crunch Mania French Toast Fruit Juice & Milk	Cheese Cubes Cereal Bar Fruit Juice & Milk	Apple Cinnamon Monkey Bread Fruit Juice & Milk
WEEK #5	Strawberry Cream Cheese Bagels Fruit Juice & Milk	Egg & Sausage Sliders Fruit Juice & Milk	Whole Grain Blueberry Muffin Fruit Juice & Milk	Hard Boiled Egg S'mores Bar Fruit Juice & Milk	Chocolate Filled Crescent Fruit Juice & Milk

**RVHS BREAKFAST**

**EVERYDAY** There will be an array of continental style foods available to Build your own Breakfast and Eat on the Go!


**EVERYDAY** Also available are a variety of... Higher Protein, High Fiber, Whole Grain Foods to choose from!

**EVERYDAY** New Items Now available are made with High Protein Yogurts and Real Fruit such as Yogurt Parfaits and SMOOTHIES!

**EVERYDAY** Coming Soon... A Coffee Bar, including Ice Cold Frappe's... Viking Style!

**Liberty Elementary**  
Breakfast Program is **FREE**  
to all students

**All other schools**  
**PRICES**  
Breakfast..... \$1.35  
Reduced..... \$0.30  
**Extra Milk**..... \$0.50  
Adult Breakfast...\$1.75



\*Parents are encouraged to pre-pay for meals. Visit <http://myschoolbucks.com> to set up your account and make payments.

\*Free & reduced price meal application are available in the school office or apply online at [www.rvk12.org](http://www.rvk12.org)

\*Unlike lunch, students are not permitted to charge breakfasts for any reason.

**MENUS ARE SUBJECT TO CHANGE DUE TO STUDENT ALLERGIES IN BUILDINGS**

**THERE WILL BE NO BREAKFAST SERVED ON 2 HR DELAY DAYS**

This institution is an Equal Opportunity Provider. For more nutritional information please visit <http://rvk12.org>

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

